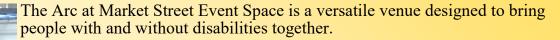


### The Link

www.arcfc.org May/June

### **Bringing Community Together**



Comfortably seating over 200 people, The Arc at Market Street has served as a backdrop to many social events this past year. Recently, Mission of Mercy held their Anniversary Breakfast where guests and honorees were served a delicious, hearty breakfast prepared by students in The Arc's Culinary Training Program. Frederick County Public Schools, Frederick DoGood-ers, Rotary Clubs, and Frederick County Health Department, were among the more than twenty public and private event rentals over the past year. With each event rental, students with disabilities in The Arc's thirteen week training program receive guidance and master kitchen and hospitality skills that prepare them to become employed at area restaurants and businesses.

The Arc also utilizes the space to enhance the lives of people with disabilities by introducing them to new activities that they might want to seek out in Frederick. Working Together Advocacy Group recently hosted a Karaoke Party so that people could

test their performing skills. People new to the idea of karaoke and who liked the event will now work with staff from The Arc and find downtown Karaoke spots where they can meet up with friends and have a good time singing.

Other events such as yoga, hula hooping, and fitness classes were coordinated by The Arc and community volunteers for people served to experience something new. If people like the new experiences they have at Market Street, it is The Arc's goal to support those people to locate inclusive community opportunities to socialize, make friends, look into job opportunities, and become more connected throughout Frederick. Realizing that there is limited space for local musicians, The Arc recently collaborated with the talents of Alien Subculture, Bong City, Although, t00n0ut, and Kryptomagna to host Here Comes the Boom. The event was an eclectic mix of live music featuring avant-garde; vaporwave; indie punk rock; ambient techno; and electronica styles. Proceeds from Here Comes the Boom will benefit people served by The Arc.

Not only does The Arc rock to music, The Arc is also looking forward to partnering with Frederick Rocks on Saturday, May 18, to host The Arc Rocks. The free event is open to people of all ages and is scheduled from 10:00 am to 2:00 pm. Participants will be treated to music by Ante Up while they paint rocks, purchase snacks, and bid on silent auction items. The goal of The Arc Rocks is for participants to spread positivity and kindness in the community as they hide their painted rocks around Frederick for people to find.



# Annual Awards 2019



FRANCES AND LEASE
BUSSARD AWARD
Awarded to: John Baker



THE EMPLOYER AWARD
Awarded to: St. John's Roman
Catholic Church



THE EMPLOYER AWARD
Awarded to: Green Valley YMCA



COMMUNITY INVOLVEMENT

AWARD

Awarded to: Hospice of Fredrick County



CHARLOTTE AND CHALRES
GLICK AWARD
Awarded to: Kim Anderson



YEAR AWARD

Awarded to: Dee Carr



STAFF PERSON OF THE YEAR
Awarded to: Chris Garrity



ALEX KEEPERS AWARD
Awarded to: Rebecca Martinez



IKE STEVENS AWARD
Awarded to: Patti Saylor

Join Us at Charlotte's Coffee House for dinner! Wednesday, May 22nd 4pm-7pm Charlotte's Coffee House is open

Wednesday through Friday from 11:00 am- 3:00pm.

Located at 555 South Market Street in Frederick

(enter from Stadium Drive, right next to the Keys).

There are several comfortable rooms to dine-in, and if the weather is this nice, feel free to enjoy your food and drinks on our patio tables.

Hope to see you there!

Visit our Facebook page to see the menu!





# The Arc of Frederick County and Frederick Rocks present

### The Arc Rocks!



This **FREE** event is open to community members of all ages. Door prizes, silent auction, and food available for purchase. Enjoy live music by Ante Up!

> Saturday, May 18, 2019 Anytime from 10:00am-2:00pm

The Arc at Market Street 555 South Market Street, Frederick, MD 21701

Come and be a part of this positive event and make our community rock!

# nks To Our Contributors

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620A Research Court Frederick, MD 21703 www.arcfc.org 301.663.0909 May/June 2019

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See our website for a listing of upcoming events



